

# CRITICAL CONVERSATIONS FOR TECHNICAL PEOPLE NOVEMBER 2020

# DATES

Tuesday 24 November 2020 Wednesday 25 November 2020 Thursday 26 November 2020 Friday 27 November 2020

o Course length:

o Delivery method:

o Pricing:

10.00am-1.00pm (AEST)

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12 hours: 4 x3-hour sessions

Online

\$1750 +GST

Presenter: Trevor Manning — Managing Director, TMC Global

# **COURSE OVERVIEW**

Honest feedback is often essential to ensure a project is successful, to provide feedback to a customer or to assist in the development of a key member in a team. Technical people are sometimes confused as to why their seemingly factual feedback is taken badly and so shy away from being truthful in order to protect the relationship of the person they are dealing with. Suggestions for improvement if not skilfully delivered can be interpreted as personal criticisms or highlighting of inadequacies.

This course provides a practical framework to help to plan and have a potentially emotional conversation with brutal honesty while protecting personal relationships. Conversations are real-time and technical people often struggle in the moment. The practical framework-based structure with conversational models fast-tracks the delegates to initiate critical conversations safely and provides recovery strategies to get the conversation back on a good footing when things go awry.

# WHO SHOULD ATTEND?

Technical managers | Specialist engineers | Project managers Anyone who wants to communicate more effectively

#### **COURSE GOALS:**

Upon completion of this course, delegates will be able to:

- 1. Recognise a critical conversation and how emotions take them off track
- 2. Plan a critical conversation using a foundational 3S-3F model
- 3. Deploy advanced communication skills with emotional control
- 4. Deal with difficult conversations using the advanced 5S-5F-3A model
- 5. Close well with good follow-up

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# **COURSE OUTLINE**

# **SESSION 1:** Recognising a critical conversation

#### **OBJECTIVES**

At the end of this topic, delegates will be able to:

- o Recognise a critical conversation and why it can go wrong
- o Use the foundation 3S-3F conversation model to plan a conversation

#### **SESSION OVERVIEW**

Collaborating at work involves conversations, whether giving a status update to management on a project, giving feedback to a colleague on a design idea or contacting a customer with a new delivery date. Seemingly innocuous conversations can quickly turn emotional, even if those emotions are displayed through withdrawal and silence. Being able to recognise when emotions are driving the meaning of a conversation when either giving or receiving feedback is a key skill. The goal of this session is to understand human emotions so that you can communicate what you really think without ruining the relationship.

# SESSION 2: Planning a critical conversation

#### **OBJECTIVES**

At the end of this topic, delegates will be able to:

- o Plan a critical conversation understanding the importance of delivering the key elements in the right order
- o Learn some starter and recovery phrases

### **SESSION OVERVIEW**

Knowing how to start a conversation that may turn emotional is difficult unless you have a planned course of action. Conversations are dynamic in nature and so cannot be scripted but by understanding and following a basic framework you can de-risk conversations going awry. Knowing what to say first and what to avoid is necessary to have a constructive conversation. Using a templated methodology helps delegates to plan successful conversations.

# **COURSE OUTLINE**

# SESSION 3: Having a critical conversation with emotional control

#### **OBJECTIVES**

At the end of this topic, delegates will be able to:

- o Have a conversation using advanced listening and questioning skills
- o Understand how emotions play a role in a conversation and how to tame them
- o Master storytelling to understand and defuse the games we play

#### **SESSION OVERVIEW**

Knowing how to respond well to feedback during the conversation and how to extract the most important elements for a successful conversation requires skill. In this module, we learn advanced listening and questioning skills. We also delve into our emotions and how the stories we tell ourselves can drive a different meaning to what is actually being said.

# SESSION 4: Difficult conversations and closing well

# **OBJECTIVES**

At the end of this topic, delegates will be able to:

- o Learn advanced techniques to deal with difficult and potentially high-conflict conversations
- o Plan alternative paths to reach a common goal
- o Understand the defensive and attacking strategies used in conversations
- o Agree to an action plan and follow up well

## **SESSION OVERVIEW**

Some conversations are just more difficult than others. It may be the topic, or it may be the relationship match of the two people having the conversation. In this session, we will learn a recovery strategy to rescue a conversation that is going badly and use an advanced model —the 5S-5F-3A model — to deal with difficult conversations. We will also learn how to close well.